

Shri Ram Murti Smarak Institute of Medical Sciences, Bareilly

Foundation Course

	08:00-09:00 am	09:00-10:00 am	10:00-11:00 am	11:00-12:00 noon		01:00-02:00 pm	02:00-03:00 pm	03:00-04:00 pm
01/08/2019	Welcome Speech by Principal Dr. S.B. Gupta Seminar hall	Overview of MBBS Program by UG Dean Dr. Rohit Sharma Seminar hall	Ice breaking All Students & Faculty members of Anatomy, Physiology, Biochemistry & Community Medicine Coordinator: Dr. Prabal Joshi Seminar hall		12:00 - 01:00 pm LUNCH	Anti ragging guidelines & introduction of anti ragging committee Dr. N.K. Arora Seminar hall	Visit to: Departments, Library, Common Rooms, Food Court, Gym, 13 Point, Bank Coordinator: Mr. Vineet Sharma OS	
02/08/2019	Institute rules & regulations by Chief Proctor Dr. N.K. Arora Seminar hall	Hostel rules by Chief warden Dr. N.K. Arora Seminar hall	Panel discussion: Doctor's role & responsibilities Moderator: Dr. N.K. Arora Seminar hall			Hospital visit & Health check Coordinator: Mr. G Kranthi Kumar		
03/08/2019	National Health Policies Dr. Meenakshi Seminar hall	Alternate health systems in India Dr. Tariq Mahmood Seminar hall	Panel discussion: Student's expectations from institution & teachers Moderator: Dr. Anand Gautam Jadhao Seminar hall			Hospital visit & Health check Coordinator: Mr. G Kranthi Kumar		
04/08/2019	SUNDAY							
05/08/2019	Principles of Primary care Dr. Sonali Thomas Seminar hall	Importance of attendance & internal assessment Mr. G Kranthi Kumar Seminar hall	Immunization requirements for health care personnel Dr. Meenakshi Seminar hall	Gender sensitivity in medical profession Dr. Deepak Charan Seminar hall	10 pm +	Hospital visit & Health check Coordinator: Mr. G Kranthi Kumar		
06/08/2019	Patient safety & bio-hazard safety Dr. Gopal Krishan Seminar hall	Universal precautions Dr. Ashok K Gupta Seminar hall	Sports: Indoor games Chess/ Carrom Board/ Pool/Table tennis /Badminton			Concept of Medical Ethics Dr. Bindu Garg	Computer skills: Role of computers in medical education & practice Dr. Bindu Garg Seminar hall	
07/08/2019	Anti ragging documentary screening Coordinator: Dr. Bindu Garg Seminar hall		Extra-curricular activity: Talent show Coordinators: Dr. Prabal Joshi & Dr. Anand Auditorium			Mentor-mentee meeting Coordinator: Mr. G Kranthi Kumar Seminar hall	Computer skills Batch A: Preparation of powerpoint presentation Computer Lab English Language Batch B & C Seminar hall	

08/08/2019	Group dynamics Dr. Bindu Garg Interactive lecture with group activity Seminar hall		Sports: Indoor games Chess/ Carrom Board/ Pool/Table tennis /Badminton	12:00 - 01:00 LUNCH	Professionalism Dr. Tariq Mahmood Seminar hall	Computer skills Batch B: Preparation of powerpoint presentation Computer Lab English Language Batch A & C Seminar hall
09/08/2019	Medical negligence Dr. Ashok K Gupta Seminar hall	Consequences of unethical behaviour Dr. Prabal Joshi Seminar hall	Community health center field visit- Dhaura Tanda/ UHC Coordinator: Dr. Atul		Attitude & communication Dr. Jaswinder Singh Seminar hall	Computer skills Batch C: Preparation of powerpoint presentation Computer Lab English Language Batch A & B Seminar hall
10/08/2019	Working in a healthcare team Dr. Bindu Garg Interactive lecture with a role play Seminar hall	What it means to be ill Dr. Bindu Garg Interactive session Seminar hall	Community health center field visit- Dhaura Tanda/ UHC Coordinator: Dr. Atul		Importance of moral values Dr. Meenakshi Seminar hall	Computer skills Batch A: Basics of microsoft excel Computer Lab English Language Batch B & C Seminar hall
11/08/2019	SUNDAY					
12/08/2019	Id ul zuha holiday					
13/08/2019	End of life issues Dr. Nirmal Yadav Seminar hall	Professionalism in use of social media Dr. Tariq Mahmood Seminar hall	Sports: Indoor games Chess/ Carrom Board/ Pool/Table tennis /Badminton	12:00 - 01:00 pm LUNCH	Consumer protection act Dr. Tarun Seminar hall	Computer skills Batch B: Basics of microsoft excel Computer Lab English Language Batch A & C Seminar hall
14/08/2019	Panel discussion: Student's expectations from peers & colleagues Moderator: Dr. Sonali Thomas Seminar hall		Sports: Indoor games Chess/ Carrom Board/ Pool/Table tennis /Badminton		Introduction to humanities in medicine Dr. Huma Khan Seminar hall	Computer skills Batch C: Basics of microsoft excel Computer Lab English Language Batch A & B Seminar hall
15/08/2019	INDEPENDENCE DAY					
16/08/2019	Screening of movie lessons in ethics Coordinator: Dr. Gopal Krishan Seminar hall		Extra-curricular activity: elocution contest Coordinator: Dr. Prabal Joshi & Dr. Sonali Thomas Auditorium	12:00 pm - 01:00 pm LUNCH	Value of respect during interaction with faculty members, seniors & colleagues Dr. N.K. Arora Seminar hall	Computer skills Batch A: Use of google search for credible information Computer Lab English Language Batch B & C Seminar hall

17/08/2019	Medical errors Dr. Jaswinder Singh Seminar hall	Maintaining confidentiality Dr. Gopal Krishan Seminar hall	Screening of movie lessons in ethics Coordinators: Dr. Dharmender Seminar hall	12:00-01:00	Violence against doctors Dr. Bindu Garg Interactive Session Seminar hall	Computer skills Batch B: Use of google search for credible information Computer Lab English Language Batch A & C Seminar hall
18/08/2019	SUNDAY					
19/08/2019	Panel discussion: Expectations of society from doctors Moderator: Dr. Huma Khan Seminar hall		Sports: Indoor games Chess/ Carrom Board/ Pool/ Badminton/ Table tennis	12:00-01:00 pm - LUNCH	Stress Management Dr. Gopal Krishan Seminar hall	Computer skills Batch C: Use of google search for credible information Computer Lab English Language Batch A & B Seminar hall
20/08/2019	Learning strategies Dr. Dhananjay Seminar hall	Self directed learning Dr. Bindu Garg Seminar hall	Extra curricular activity: Nukkad natak Dr. Prabal Joshi & students of Connexus club Auditorium		Informed consent Dr. Bindu Garg Seminar hall	Computer skills Batch A: Basics of microsoft word Computer Lab English Language Batch B & C Seminar hall
21/08/2019	Importance of documentation in medical practice Dr. Ashok K Gupta Seminar hall	Record keeping in Hospital Mr. Saurabh Seminar hall	Screening of movie lessons in ethics Coordinators: Dr. Sonali Thomas & Dr. Huma Khan Seminar hall		Reflections Coordinators: Dr. Sonali Thomas & Dr. Huma Khan Seminar hall	Computer skills Batch B: Basics of microsoft word Computer Lab English Language Batch A & C Seminar hall
22/08/2019	Bio-waste management Dr. Atul Seminar hall	How to score better in exams Mr. G. Kranthi Kumar Seminar hall	Communication skills: patients Dr. Piyush Kumar Seminar hall		Evidence based medicine Dr. Bindu Garg Seminar hall	Computer skills Batch C: Basics of microsoft word Computer Lab English Language Batch A & B Seminar hall
23/08/2019	Role play in Medical education Dr. Bindu Garg Seminar hall	Role play: Doctor patient interaction Physiology deptt. Seminar hall	English Language Seminar hall		Basic first aid- Surgery deptt. Basic life support- Paediatrics deptt.	
24/08/2019	Importance of personal grooming Dr. N.K. Arora Seminar hall	Use of information technology for learning Dr. Anand Seminar hall	Bridging the gap Poster making competition seniors & juniors Coordinator: Dr. Bindu Garg Exam Hall-1		Basic first aid- Surgery deptt. Basic life support- Paediatrics deptt.	
25/08/2019	SUNDAY					

26/08/2019	Introduction to research Dr. Prabal Joshi Seminar hall	Introduction to ICMR STS Dr. Huma Khan Seminar hall	Visit to district hospital/ visit to CHC Coordinator: Dr. Atul	12:00 - 01:00 pm LUNCH	Group learning/ peer assisted learning Dr. Tariq Mahmood Seminar hall	Computer skills Batch A: e-library Computer Lab English Language Batch B & C Seminar hall
27/08/2019	Simulation based learning Dr. Sujata Singh Seminar hall	Time management Dr. N.K. Arora Seminar hall	Visit to district hospital/ visit to CHC Coordinator: Dr. Atul		Career pathways Dr. Tariq Mahmood Seminar hall	Computer skills Batch B: e-library Computer Lab English Language Batch A & C Seminar hall
28/08/2019	Debate: Learning or cramming Modearator: Dr. Prabal Joshi Seminar hall		Yoga class Interactive lecture & practice session Exam hall-1		Life-long learning for professional growth Dr. Prabal Joshi Seminar hall	Computer skills Batch C: e-library Computer Lab English Language Batch A & B Seminar hall
29/08/2019	Essay writing competition Coordinator: Mr. G. Kranthi Kumar Seminar hall		Sports: Outdoor Games Cricket/ Basket Ball/ Volley ball		Ethics in age of Artificial intelligence Dr. Anand Seminar Hall	Computer skills: Batch A: Anti-plagiarism software Computer Lab English Language batch B & C Seminar hall
30/08/2019	Music, Meditation & healing Dr. Bindu Garg Seminar hall		Screening of movie lessons in ethics Coordinator: Dr. Tariq Mahmood Seminar hall		Safe hand washing practices Dr. Huma Khan Seminar hall	Computer skills: Batch B: Anti-plagiarism software Computer Lab English Language batch A & C Seminar hall
31/08/2019	Screening of movie lessons in ethics Coordinator: Dr. Sanjay Bhatt Seminar hall		Extra-curricular activity: Gana bajana Coordinator: Dr. Prabal Joshi & Dr. Anand Auditorium		Communication skills: interpersonal Dr. Jaswinder Singh Seminar hall	Computer skills: Batch C: Anti-plagiarism software Computer Lab English Language batch A & B Seminar hall

Orientation	30 hrs
Computer skills/Language	40 hrs
Field visit	8 hrs
Professional development & ethics	40 hrs
Skills development	35 hrs
Sports & extra curricular activites	22 hrs