



# IAS ONE Bareilly



## Advance Knee Arthroscopy Course



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*Organizing Chairman*



**31<sup>ST</sup> MAY**  
**9AM – 5PM**



**SRMS Institute Of**  
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# AGENDA

Time	Program schedule	Faculty
	<b>Session – I (ACL) (09:15 AM – 02:15 PM)</b>	
09:15 AM - 09:23 AM	ACL Anatomy Radiology & Available Grafts	
09:23 AM - 09:33 AM	Femoral & Tibial Drilling Techniques (Video)	
09:33 AM - 09:41 AM	Available Options & Ideal Method of Graft Fixation	
09:41 AM - 09:51 AM	Lateral Extra Articular Tenodesis	
09:51 AM - 10:03 AM	Common Complications in ACL Reconstruction & Their Bailout	
10:03 AM - 10:18 AM	Understanding Malalignment & Planning of HTO	
10:18 AM - 10:38 AM	Techniques of HTO with Bifix NP (Video)	
10:38 AM - 10:50 AM	Common Complications of HTO & Their Bailout	
10:50 AM - 11:10 AM	HTO Workshop	
11:10 AM - 11:20 AM	Discussion	
11:20 AM - 11:30 AM	Tea Break	
	<b>Session – II (PCL) (11:30 AM – 12:45 PM)</b>	
11:30 AM - 11:38 AM	Anatomy & Radiology of PCL	
11:38 AM - 11:46 AM	Non-Operative Treatment of PCL Injury	
11:46 AM - 12:06 PM	Single Bundle PCL Reconstruction (Video)	
12:06 PM - 12:26 PM	Arthroscopic PCL Avulsion Repair (Video)	
12:26 PM - 12:46 PM	PLC Repair Technique (Video)	
12:46 PM - 12:56 PM	Rehabilitation of PCL	
12:56 PM - 02:00 PM	<b>Inauguration &amp; Lunch</b>	
	<b>Session – III (Meniscus) (02:00 PM – 05:00 PM)</b>	
02:00 PM - 02:08 PM	Anatomy & Radiology of Meniscal Tears	
02:08 PM - 02:18 PM	Concept & Option for Meniscus Repair	
02:18 PM - 02:38 PM	Inside Out Technique (Video)	
02:38 PM - 02:58 PM	Outside In Techniques (Video)	
02:58 PM - 03:18 PM	All-Inside Technique (Video)	
03:18 PM - 03:38 PM	Ramp Repair (Video)	
03:38 PM - 03:58 PM	Root Repair (Video)	
03:58 PM - 04:18 PM	Meniscus Repair Workshop –	
	Repair of Different Tears (Ramp & Root Repair)	
04:18 PM - 04:58 PM	Panel Discussion on Multi-Ligamentous Injury of Knee	

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