

## Shri Ram Murti Smarak Institute of Medical Sciences, Bareilly

Online Foundation Course from 4th Jan to 23rd Jan 2021

Date	Day	08:00-09:00 am	09:00-10:00 am	10:00-11:00 am	11:00-12:00 noon		02:00-04:00 pm
04/01/2021	Monday		Welcome Speech by Principal about vision & mission of the institute <b>Dr. S.B. Gupta</b>	FC 1.7 Overview of MBBS Program by UG Dean <b>Dr. Rohit Sharma</b>	FC 1.1 Medicine: The art & science of healing <b>Dr. P.L. Prasad</b>	<b>LUNCH</b>	
05/01/2021	Tuesday		FC 1.1 Role of doctors in society <b>Dr. Bindu Garg</b>	FC 1.2 Role of Indian Medical Graduate <b>Dr. Bindu Garg</b>	FC 1.6 Various career pathways <b>Dr. Amit Rana</b>		FC 5.4 Computer skills : Preparation of powerpoint presentation
06/01/2021	Wednesday		FC 1.10 History of Medicine <b>Dr. Bindu Garg</b>	FC 1.8 Role of Physician at various levels of health care delivery <b>Dr. M.P. Rawal</b>	FC 1.9 Principles of Family Practice <b>Dr. Smita Gupta</b>		FC 5.4 Computer skills : Preparation of powerpoint presentation
07/01/2021	Thursday		FC3.1 National Health Goals & Policies <b>Dr. Atul Kumar</b>	FC 3.2 National Health Scenario <b>Dr. Abhinav</b>	FC 3.3 Health care system in India: Primary, secondary & tertiary care <b>Dr. R.P Singh</b>		FC 5.4 Computer skills : Preparation of powerpoint presentation
08/01/2021	Friday		FC 2.3 Universal precautions <b>Dr. Atul Kumar</b>	FC 2.7 Biomedical waste management <b>Dr. Huma Khan</b>	FC 2.4 Patient safety & bio-hazard safety <b>Dr. M.P. Rawal</b>		FC 5.3 English Language session

Date	Day	08:00-09:00 am	09:00-10:00 am	10:00-11:00 am	11:00-12:00 noon	02:00-04:00 pm	
09/01/2021	Saturday		F.1 Pandemic: definition, factors leading to pandemics in past <b>Dr. Huma Khan</b>	F.1 Key strategies adopted to prevent and control spread of pandemic <b>Dr. R.P. Singh</b>	F.1 Role of WHO & ICMR in pandemic <b>Dr. Huma Khan</b>	FC 5.3 English Language session	
10/01/2021			<b>SUNDAY</b>				
11/01/2021	Monday		FC 1.10 Alternate systems of Medicine <b>Dr. Tariq Mahmood</b>	FC 3.4 Basic principles of community health <b>Dr. Atul Kumar</b>	FC 3.5 Structure & functioning of Community Health Centre <b>Dr Huma Khan</b>	FC 5.4 Computer skills: Basics of microsoft word	
12/01/2021	Tuesday		FC 4.2 Altruism as a virtue of a Physician <b>Dr. M.P. Rawal</b>	FC 4.3 Importance of Moral Values <b>Dr. N.K. Arora</b>	FC1.1 Gender sensitivity in medical profession <b>Dr. Deepak Charan</b>	FC 5.4 Computer skills: Basics of microsoft word	
13/01/2021	Wednesday		FC 2.8 Immunization requirements for health care personnel <b>Dr. Sandhya Chauhan</b>	F.1 Precautions to be taken in Covid-19 pandemic <b>Dr. Abhinav</b>	FC 2.5 Hand Hygeine & donning & doffing of PPE <b>Dr. Vandana Sardana</b>	FC 5.4 Computer skills: Basics of microsoft word	
14/01/2021	Thursday		FC 4.5 Disability: UN Convention on Rights of persons with disabilities <b>Dr. Sanjay Gupta</b>	FC 4.5 Medical & Social Model of disability <b>Dr. S.K. Kaushik</b>	FC 4.5 Disability etiquettes Rights of persons with disabilities act 2016 <b>Dr. Apser Khan</b>	FC 5.4 Computer skills: Basics of microsoft word	

Lunch

Date	Day	08:00-09:00 am	09:00-10:00 am	10:00-11:00 am	11:00-12:00 noon
15/01/2021	Friday		FC 4.1 Professionalism & ethics among health care professionals <b>Dr. Bindu Garg</b>	FC 4.1 Consequences of unprofessional & unethical behaviour <b>Dr. Jaswinder Singh</b>	FC 4.1 Maintaining confidentiality <b>Dr. K.K. Bairagi</b>
16/01/2021	Saturday		FC 4.4 & 4.12 Working in a healthcare team <b>Dr. Bindu Garg</b>	FC 2.9 Documentation in patient care <b>Dr. Pawan Kumar</b>	
17/01/2021				SUNDAY	
18/01/2021	Monday		FC 4.7 Stress Management <b>Dr. Bindu Garg</b>	Fc 4.9 Time Management <b>Dr. Bindu Garg</b>	FC 4.8 Yoga & meditation in personal health <b>Dr. Atul Kumar</b>
19/01/2021	Tuesday		FC 4.6 Cultural Competence <b>Dr. Tarun Kumar</b>	FC 4.3 Value of respect during Interaction with faculty members, seniors & colleagues <b>Dr. N.K. Arora</b>	FC 4.10 Importance of interpersonal relationships <b>Dr. Sujata Singh</b>
20/01/2021	Wednesday		FC 4.13 Learning strategies <b>Dr. Dhananjay</b>	FC 4.15 Collaborative Learning <b>Dr. Gopal Krishan</b>	

02:00-04:00 pm
FC 5.3 English Language session
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FC 5.5 Computer skills: Use the internet and work online
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FC 5.5 Computer skills: Use of google search for credible information

Lunch

Date	Day	08:00-09:00 am	09:00-10:00 am	10:00-11:00 am	11:00-12:00 noon
21/01/2021	Thursday		FC 5.1 Basic elements of communication skills <b>Dr. Anand Gautam</b>	FC 5.1 Importance of empathy in communication skills <b>Dr. Surabhi</b>	FC 5.2 Importance of good communication skills in Medicine <b>Dr. Anil Negi</b>
22/01/2021	Friday		FC 4.11 Role of Mentoring <b>Dr. Smata Tiwari</b>	Good Nutrition: keeping yourself healthy <b>Dietician</b>	Importance of personal grooming <b>Dr. N.K. Arora</b>
23/01/2021	Saturday		Doctor as researcher (ICMR STS) <b>Dr. Huma Khan</b>	FC 4.13 Simulation based learning <b>Dr. Sujata Singh</b>	

4 hours online eBLS course conducted by AIIMS Patna & IAP attended by all students with a Pre test and post test submission  
Coordinator: Dr. Sandhya Chauhan

02:00-04:00 pm
FC 5.5 Computer skills: Use of google search for credible information
FC 5.3 English Language session
FC 5.3 English Language session

## Shri Ram Murti Smarak Institute of Medical Sciences, Bareilly

### Foundation Course from 1st Feb to 6th Feb 2021

Date	Day	08:00-09:00 am	09:00-10:00 am	10:00-11:00 am	11:00-12:00 Noon	12:00-01:00 pm LUNCH	01:00-02:00 pm	02:00-03:00 pm	03:00-04:00 pm	
01/02/2021	Monday		09:00 am to 12:00 noon Reporting, Registration, Hostel Room allotment					Visit to: Departments, Library, Common rooms (College Building) Coordinator: Mr. Vineet Sharma OS	FC 1.5 Orientation programme (Parents & Students of admission batch- 2020) followed by high Tea	
02/02/2021	Tuesday		FC 1.4 Institute rules & regulations by Chief Proctor & anti ragging guidelines <b>Dr. N.K. Arora Seminar hall</b>	FC 1.4 Hostel rules by Chief warden <b>Dr. Mridu Sinha &amp; Dr. Amit Rana Seminar hall</b>	FC 4.14 Self directed learning <b>Dr. Bindu Garg</b>			FC 4.5.8- SDL- Awareness of the human rights of the persons with disabilities		
03/02/2021	Wednesday		FC 1.3 Expectations of students from Nation, Society and vice versa	FC 1.3 Expectations of students from Peers, colleagues & patients and vice versa	FC 4.14 Life-long learning for professional growth <b>Dr. Bindu Garg</b>			Anti-ragging short film screening		
04/02/2021	Thursday		FC 2.6 Appropriate response to needle stick injury <b>Dr. Huma Khan</b>	Cadaver: Your first teacher <b>Dr. N. K. Arora</b>	The Body Machine <b>Dr. Bindu Garg</b>		Movie Screening: Patch Adams			
05/02/2021	Friday		The Chemistry of Life <b>Dr. Tariq Mahmood</b>	Guardians of Public Health <b>Dr. Atul</b>	Reflections of Movie		Movie Screening: Nurse Betty			

Date	Day	08:00-09:00 am	09:00-10:00 am	10:00-11:00 am	11:00-12:00 Noon
06/02/2021	Saturday	GROUP A (1-50) Basic first aid- Surgery deptt. GROUP B (51-100) Basic life support- Paediatrics deptt.		GROUP B (51-100) Basic first aid- Surgery deptt. GROUP A (1-50) Basic life support- Paediatrics deptt.	

01:00-02:00 pm	02:00-03:00 pm	03:00-04:00 pm
Mentor-mentee meeting Coordinator: Dr. Dhanajay	WHITE COAT CEREMONY	

Orientation	30	33
Skills module	35	18
Community Orientation Module	8	5
Professional development including ethics	40	34
Sports & extra curricular activities	22	0
Enhancement of language & computer skills	40	41
Pandemic Module	2	3