



# UGRA WORKSHOP 2024

(Ultrasound Guided Regional Anaesthesia)

Theme: Exploring New Frontiers for Old Skills

**Didactic Lectures & Hands on workshop**  
Sunday, 5<sup>th</sup> May 2024

Organized by:

Deptt. of Anaesthesiology Critical Care  
& Pain Management

**Shri Ram Murti Smarak**  
Institute of Medical Sciences, Bareilly

Dear Doctors & Friends,

On behalf of the organising committee, it gives me immense pleasure in inviting you to the one day lectures cum hands on workshop on Ultrasound Guided Regional Anaesthesia 2024 being held in SRMSIMS, Bareilly. This is the first USG guided workshop organised by the institution with the motive of teaching the role of ultrasound and how it can enhance our skills in providing regional anaesthesia and patient care.

The event will have lectures by reputed faculty from privileged hospitals with knowledge and expertise in this field. It is primarily aimed at postgraduate trainees and consultants wishing to develop, refresh and update skills in nerve blocks.

There will be lectures and workshop of over 4 hours hands on workshop to reinforce the theory and refine manual dexterity. We are sure that this will be excellent opportunity for all delegates to empower themselves with new knowledge and practices in various nerve blocks. We are looking forward to meet and greet you here at SRMSIMS Bareilly.

**Dr Gaurav Misra**  
Organizing Secretary



## ORGANIZING COMMITTEE

### Chief Patron

Shri Dev Murti

### Patron

Shri Aditya Murti

Dr M.S. Butola

### Organizing Chairpersons

Dr Geeta Karki

### Org. Co-Chairpersons

Dr Juhi Saran

Dr K C Sharma

### Organizing Secretary

Dr Gaurav Misra

### Joint Org. Secretary

Dr Alankrita Agarwal

### Scientific Chairpersons

Dr Dheeraj Saxena

Dr Vishwadeep Singh

### Workshop Co-ordinators

Dr Ashita Mowar /

Dr Akhilesh Pahade

### Treasurer

Dr S P Varshney

### Registration

Dr Divya Vijay /

Dr S.K. Lohani

## GUEST FACULTY

**Dr Anshuman Mishra**  
Yatharth Hospital, Gr. Noida

**Dr Savitar Malhotra**  
SGRH, Delhi

**Dr Debyani Dey**  
Kailash Deepak Hospital, Delhi

**Dr Naveen Gupta**  
Max Vaishali Hospital, Delhi

**Dr Anirban Roy**  
SGRH, Delhi

**Dr Bhuwan Chand Panday**  
SGRH, Delhi

**Dr Nivedita Garg**  
Yatharth Hospital, Gr. Noida

**Dr Anurag Chaturvedi**  
Max Vaishali Hospital, Delhi

**Dr Shvet Mahajan**  
SGRH, Delhi

## LECTURES

- Introduction to USG Basics
- Brachial Plexus Block - An Escape for all upper limb surgeries
- The advent of PEC-1, PEC - 2 and TAP Block to aid postoperative Analgesia
- Adjuncts to Routine Regional Anaesthesia - various blocks of lower limb
- Erector Spinae Block - A Boon for Major Spine Surgeries
- Role of USG in widening the Horizon of future of Regional Anaesthesia

## WORKSHOPS



**Chief Course Co-ordinator - Dr Anshuman Mishra**  
**Workshop Co-ordinator - Dr Bhuwan Chand Panday**



- Station 1: Blocks above clavicle (ISB, SCB and sup cervical plexus block)  
Station 2: Blocks below clavicle (Axillary, Individual nerve block)  
Station 3: Chest wall blocks (PEC, ESP, EOI)  
Station 4: Abdominal wall blocks (RSB, Post TAP, Sub costal TAP, )  
Station 5: Lower limb blocks( Femoral, ACB, popliteal)  
Station 6 : Knobology

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## REGISTRATION FORM

Delegate Details

Prof

Dr.

Mr.

Mrs.

Name \_\_\_\_\_

Designation \_\_\_\_\_

Mailing Address \_\_\_\_\_

Name on badge \_\_\_\_\_

Mobile \_\_\_\_\_ Email \_\_\_\_\_

Category	PG	Delegates	On Spot Registration	Accommodation (Double Occupancy)
Payment detail	₹1000/-	₹1500/-	₹2000/-	₹2500/-

### BANK DETAILS

Account Name - SRMS TRUST

Account No - 52241132000386

Bank Name - Punjab National Bank

Bank Branch - SRM Medical Smarak Trust, Bareilly-243202

IFSC Code - PUNB0522410

Payment to be made by cheque/DD/RTGS/NEFT Drawn in favour of **"SRMS TRUST"** payable at Bareilly. PG Students/ Residents should attach a Certificate from their Head of the department.

Please mail this form and bank draft / Cheque to :

**Dr. Gaurav Misra**

Organizing Secretary

Shri Ram Murti Smarak Institute of Medical Sciences

13 km., Bareilly-Nainital Road, Bareilly - 243202 (U.P.) India

Email: [urgaworkshop.2024@srmsims.ac.in](mailto:urgaworkshop.2024@srmsims.ac.in) [urgaworkshop.2024@gmail.com](mailto:urgaworkshop.2024@gmail.com)

Mobile : 9458705968

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## — 2024

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### PROGRAMME

#### 8.00 am - 8.30 am Registration

	TIME	TOPIC	SPEAKER
SESSION -1	8:30 AM TO 8:45 AM	INTRODUCTION TO USG BASICS	DR. NIVEDITA GARG DR. DEBYANI DEY
	8:55 AM TO 9:10 AM	BRACHIAL PLEXUS BLOCK – AN ESCAPE FOR ALL UPPER LIMB SURGERIES	DR. SAVITAR MALHOTRA
	9:20 AM TO 9:35 AM	THORACIC AND ABDOMINAL BLOCKS TO AID IN POSTOPERATIVE ANALGESIA	DR. NAVEEN GUPTA DR. ANURAG CHATUVEDI
	9:45 AM TO – 10:00 AM	ADJUNCTS TO ROUTINE REGIONAL ANAESTHESIA – VARIOUS BLOCKS OF LOWER LIMB – PART 1	DR. BHUWAN CHAND PANDAY
	<b>10:00 AM TO 10:15 AM</b>	<b>TEA BREAK</b>	
SESSION -2	10:15 AM TO 10:30 AM	VARIOUS BLOCKS OF LOWER LIMB – PART II	DR. SHVET MAHAJAN
	10:40 AM TO 10:55 AM	ERECTOR SPINE BLOCK – HEAD TO TOE BLOCK FOR VARIOUS SURGERIES	DR. ANIRBAN ROY
	11:00 AM TO 11:15 AM	SUCCESSFUL BLOCK – TIPS AND TRICKS	DR. ANSHUMAN MISHRA
	<b>11:15 AM TO 11:30 AM</b>	<b>INAUGURATION</b>	
	TIME	TOPIC	SPEAKER
SESSION -3	11:45 AM TO 1:15 PM	HANDS ON WORKSHOP – I	ALL WORKSHOP FACULTY
	<b>1:15 PM TO 1:45 PM</b>	<b>LUNCH</b>	
SESSION -4	1:45 PM TO 3:15 PM	HANDS ON WORKSHOP – II	ALL WORKSHOP FACULTY
	<b>3:30 PM TO 4:00 PM</b>	<b>VALEDICTORY FUNCTION</b>	

# UGRA WORKSHOP 2024

## About the Institution

Shri Ram Murti Smarak Institute of Medical Sciences, Bareilly, a vision conceptualized in year 2002, is the most modern 1300 bedded multi super speciality tertiary care hospital and a recognized medical college. It caters the health needs for patients residing in a radius of 150 kms of Bareilly zone reaching up to farthest border towns of Uttarakhand & Nepal. The Medical College (recognized by Ministry of Health, Govt. of India and approved by Medical Council of India, New Delhi) offers medical courses for Undergraduate (150 MBBS seats), Postgraduate (107 MD/MS seats) and Super speciality (3 DM (Neurology) and 3 MCh (Neurosurgery)). The Institute is undoubtedly par-excellence for providing care to patients and training UG & PG students.

## About the Department

The Department of Anaesthesiology is one of the premier department in the Institute. We work with Multi disciplinary team approach. We have dedicated team of more than 10 consultants & 18 postgraduate residents. The Anaesthesiologists are helped by the state of the art Anaesthetic equipments such as FOB, USG, Proseal LMAs. Services provided include preoperative check ups, various surgeries including CTVS & Renal Transplant & cater service to MRI, Cath lab, IVF, EBUS & Pain Management. Department works efficiently & dedication to be the backbone of the Institution. The department conducted the 38<sup>th</sup> Annual State Conference ISACON-UP 2016 in association with ISA Bareilly. The department has organized two Pain Management & Hands On Workshops & two CME cum workshop on Airway in 2019, 2023 Peadiatric, Obstetric Emergencies & Emergency Medicine in 2022 successfully. This is first CME cum workshop on USG guided Regional Anaesthesia.



Ram Murti Puram, 13 Km., Bareilly-Nainital Road, Bareilly - 243202 (UP)  
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